

**Stundenplan ab 12. September 2011**  
**Sämtliche Lektionen dauern 55 Minuten**

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Montag	Dienstag	Mittwoch	Donnerstag	Freitag
			08:45 - 09:40 <b>ZUMBA FITNESS</b> Monica	
09:00 - 09:55 <b>STEP &amp; TONE</b> Diana	09:00 - 09:55 <b>QI-GONG</b> Sonja			
			10:00 - 10:55 <b>ZUMBA FITNESS</b> Monica	
	12:00 - 12:55 <b>PILATES</b> Gaby			
		17:00 - 17:55 <b>ZUMBA TOMIC (Kids)</b> Monica		<b>neu ab sofort</b> 17:00 - 17:55 <b>PILATES</b> Sonja
<b>neu ab 24.10.11</b> 18:00 - 18:55 <b>SALSA</b> Adriana	<b>neu ab 04.10.11</b> 18:00 - 18:55 <b>HIPHOP</b> Claudia		18:00 - 18:55 <b>ZUMBA FITNESS</b> Monica	<b>ab 21.10.11</b> 18:15 - 19:10 <b>ZUMBA FITNESS</b> Larissa
19:00 - 19:55 <b>PILATES</b> Gaby		18:30 - 19:25 <b>ZUMBA FITNESS</b> Monica		
	<b>neu ab 04.10.11</b> 19:15 - 20:10 <b>DANCE AEROBIC</b> Claudia		<b>neu ab sofort</b> 19:15 - 20:10 <b>ZUMBA FITNESS</b> Monica	<b>ab 21.10.11</b> 19:30 - 20:25 <b>ZUMBA FITNESS</b> Larissa